

Lunch menu Wednesday 23 - Sunday 27 April

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup					
Main courses	<p>Slow-cooked beef stew</p> <p>Aromatic roasted squash, sweet potato & black eyed bean stew</p>	<p>Mac & cheese with oven baked smoked bacon</p> <p>Vegan mac & cheese with roasted vegetables</p>	<p>Battered fish with tartar sauce</p> <p>Baked sausages</p> <p>Loaded potato skins with beans & cheese</p> <p>Cauliflower cheese</p>	<p>Japanese-style chicken katsu curry</p> <p>Quorn katsu curry</p> <p>Tempura vegetables</p>	<p>Fried pizza with a choice of meats</p> <p>Vegetarian & gluten free pizzas</p>
Sides	<p>Mashed potato</p> <p>Steamed greens & cauliflower</p>	<p>Roasted carrots & butternut squash</p>	<p>French fries</p> <p>Peas</p> <p>Baked beans</p>	<p>Sticky rice</p> <p>Gochujang vegetable slaw</p>	<p>Chips</p> <p>Corn on the cob</p> <p>Garlic roasted broccoli & squash</p>
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day				
Desserts	<p>Crumble of the day with custard</p>	<p>Lemon & poppy seed cake with vanilla cream</p>	<p>Rice pudding</p>	<p>Chef's dessert of the day</p>	<p>Chef's dessert of the day</p>
	Selection of whole & sliced fruit, yoghurt & dessert pots				

Supper menu Wednesday 23 - Sunday 27 April

	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main courses & sides	Tandoori chicken thighs Cauliflower pakora Onion & tomato salad Mint raita Mango chutney Pilau rice Mini naan bread	Peri peri marinated chicken legs Peri peri Quorn strips Garlic mushrooms Sweet potato fries Rainbow slaw Spiced rice Corn on the cob	American BBQ-style pork ribs Southern fried chicken wings BBQ Quorn strips Boston baked beans Mac & cheese Chilli & lime charred cabbage	Beef chilli con carne burrito Chilli bean & lentil burrito Mexican green rice Smoked chilli slaw Hot salsa Guacamole Tortilla chips Potato wedges	Jacket potato Sweet potato Pulled chicken Tuna mayo Baked beans Grated cheese
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day				
Dessert	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day
	Selection of freshly cut & whole fruits				



Lunch menu Monday 28 April - Sunday 4 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Selection of home-made soups, served with fresh bread, seeds & croutons						
Main courses	Chipotle beef, chorizo & black-eyed bean chilli con carne	Chinese chicken & tofu curry	Italian-style pork with a lemon, fennel & thyme tomato & borlotti bean sauce	Mexican mole marinated chicken legs	Battered or oven roasted fish with tartar sauce	Chicken & bacon Caesar salad bar	Americana burger in a brioche style bun
	Tofu, fava bean & 'chorizo' cassoulet	Tempeh pad Thai, baby aubergine, lime leaves	Gnocchi, meatballs, tomato sauce	Mexican fajita Roasted vegetable chimichanga with hot salsa, corn & avocado taco salad	Pork sausage	Plant-based Caesar tofu schnitzel	Vegetarian bean burger in a brioche style bun
	Stuffed peppers with beans & vegan cheese		Pasta con caponata Siciliana		'Fishless' fingers		
Sides	Steamed rice Nachos Salsa Sautéed greens Sour cream	Noodles Stir fried vegetables Sichuan green beans & broccoli Prawn crackers	Mixed pasta bar Garlic bread Roasted garlic, carrot & cauliflower	Braised spiced rice Tangy lime & jalapeño sauce Crispy fried onions Sweetcorn & carrot	Skinny fries Peas Baked beans	Parmesan Cos lettuce Roasted vegetables Ciabatta garlic croutons Boiled egg Caesar dressing	French fries Smoked chilli slaw Sliced tomato Lettuce
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Dessert	Upside down sponge with custard	Chocolate & banana cake with caramel sauce	Crumble of the day	Coffee sponge with chocolate custard	Pineapple & coconut carrot cake with lime cheese frosting	Chef's dessert of the day	Chef's dessert of the day
	Selection of whole & sliced fruit, yoghurt & dessert pots						



Supper menu Monday 28 April - Sunday 4 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main courses & sides	Tandoori chicken thighs	Selection of homemade pizzas with side salad & fries	Spanish style marinated chicken	Pork koftas	Korean fried chicken	Classic carbonara	Jerk chicken thighs
	Cauliflower pakora		Halloumi kebab		Spiced beef ragu	Sweet potato & black pea curry	
	Bombay potatoes		Tortilla de patatas with courgette & sundried tomatoes	Vegetable spring rolls	Butternut squash & olive ragu	Rainbow slaw	
	Onion & tomato salad		Roasted new potatoes	Shredded vegetables	Pesto pasta	Rice & peas	
	Mint raita		Smoky tomato, chorizo & chickpea stew	Gochujang noodles	Garlic bread	Fried plantain	
	Mango chutney			Crispy shallots	Tomato & mozzarella salad		
	Mini naan bread			Fried egg	Green beans		
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Dessert	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day
	Selection of freshly cut & whole fruits						



Lunch menu Monday 5 to Sunday 11 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Selection of home-made soups, served with fresh bread, seeds & croutons						
Main courses	Butter chicken curry	Beef ragu with borlotti beans & oregano	BBQ glazed American-style pork meatloaf	Garlic & thyme roasted chicken legs	Battered or grilled fish with tartar sauce	Creamy salmon & spinach sauce	Chicken burger with Asian slaw
	Chickpea curry						
	Chilli naan & onion bhaji toastie	Three cheese & spinach canneloni	Crispy buffalo fried cauliflower	Parmesan crusted courgette & aubergine fritters	Oven baked pork sausages	Roasted vegetable & ricotta tart	Falafel burger with Asian slaw
		Gnocchi ragu	Smoky chilli meatball nachos, jalapeños, sour cream	Open mushroom & veggie burger	Banana blossom 'fish' & chips		
Sides	Pilau rice Naan bread Poppadoms Green beans	Spaghetti Sumac roasted carrot	Mashed potato Steamed broccoli & cauliflower	Chasseur-style sauce Sauté potatoes Roasted carrots & parsnips	Chips Peas Baked beans Curry sauce	Penne Roasted vegetables Garlic bread	Potato wedges Corn on the cob
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Dessert	Gluten free Victoria sponge	Lemon & lime citrus sponge	Crumble of the day	Sticky toffee cake with toffee custard	Gluten free chocolate brownie	Chef's dessert of the day	Chef's dessert of the day
	Selection of whole & sliced fruit, yoghurt & dessert pots						



Supper menu Monday 5 to Sunday 11 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main courses & sides	Sweet & sour pork	Beef chilli con carne burrito	Malaysian chicken satay curry	Ham carbonara	Korean fried chicken	Turkey Milanese	Pork & leek sausages
	Coconut red curry with tofu	Chilli bean & lentil burrito	Creamy tofu satay curry	Butternut squash & olive ragu	Korean BBQ tofu bao	Aubergine & smoked cheese Milanese	Vegetarian sausages
	Egg-style noodles			Pesto pasta	Korean fried noodles		Mustard mash
	Stir fried vegetables	Mexican rice	Steamed coconut rice	Garlic bread	Prawn crackers	Creamy risotto	Onion rings
	Prawn crackers	Potato wedges	Asian fried vegetables	Tomato & mozzarella salad	Pickled cucumbers	Rocket & cheese salad	Steamed curly kale
	Roasted sesame broccoli	Smoked chilli slaw	Sesame roasted green beans	Roasted courgette	Steamed green beans		& Savoy cabbage Gravy
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Dessert	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day
	Selection of freshly cut & whole fruits						



Lunch menu Monday 12 - Sunday 18 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Soup	Selection of home-made soups, served with fresh bread, seeds & croutons						
Main courses	Italian-style pork meatballs with bolognaise tomato sauce	Cantonese-style chicken in black bean sauce	Slow-cooked beef stew	Mac & cheese with oven baked smoked bacon	Battered fish with tartar sauce	Japanese-style chicken katsu curry	Fried pizza with a choice of meats
	Heura sausage, fennel & olive penne	Crispy tofu in a black bean sauce	Aromatic roasted squash, sweet potato & black eyed bean stew	Vegan mac & cheese with roasted vegetables	Baked sausages	Quorn katsu curry	Vegetarian & gluten free pizzas
	The ultimate 'up-beet' pizza	Sticky tofu banh mi			Loaded potato skins with beans & cheese	Tempura vegetables	
					Cauliflower cheese		
Sides	Pasta Focaccia Steamed broccoli & carrots	Fried rice Stir fried vegetables Sichuan greens Prawn crackers	Mashed potato Steamed greens & cauliflower	Roasted carrots & butternut squash	French fries Peas Baked beans	Sticky rice Gochujang vegetable slaw	Chips Corn on the cob Garlic roasted broccoli & squash
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Desserts	Bread & butter pudding with custard	Pineapple & syrup sponge cake	Crumble of the day with custard	Lemon & poppy seed cake with vanilla cream	Rice pudding	Chef's dessert of the day	Chef's dessert of the day
	Selection of whole & sliced fruit, yoghurt & dessert pots						



Supper menu Monday 12 - Sunday 18 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main courses & sides	Lamb shawarma	Beechwood	Tandoori chicken	Peri peri marinated	American BBQ-	Beef chilli con	Jacket potato
	Aubergine stew	smoked hot dog	thighs	chicken legs	style pork ribs	carne burrito	Sweet potato
	with tomato & mint						Pulled chicken
	Hummus	Quorn frankfurter	Cauliflower pakora	Peri peri Quorn	Southern fried	Chilli bean & lentil	Tuna mayo
	Flatbread	dogs		strips	chicken wings	burrito	Baked beans
	Bulgur wheat salad		Onion & tomato				Grated cheese
		Brioche subs	salad	Garlic mushrooms	BBQ Quorn strips	Mexican green rice	
		Caramelised onions	Mint raita	Sweet potato fries		Smoked chilli slaw	
		Grated cheese	Mango chutney	Rainbow slaw	Boston baked	Hot salsa	
		Crispy shallots	Pilau rice	Spiced rice	beans	Guacamole	
	Potato wedges	Mini naan bread	Corn on the cob	Mac & cheese	Tortilla chips		
				Chilli & lime	Potato wedges		
				charred cabbage			
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Dessert	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day
	Selection of freshly cut & whole fruits						

Lunch menu Monday 19 - Friday 23 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Selection of home-made soups, served with fresh bread, seeds & croutons				
Main courses	Chipotle beef, chorizo & black-eyed bean chilli con carne Tofu, fava bean & 'chorizo' cassoulet Stuffed peppers with beans & vegan cheese	Chinese chicken & tofu curry Tempeh pad Thai, baby aubergine, lime leaves	Italian-style pork with a lemon, fennel & thyme tomato & borlotti bean sauce Gnocchi, meatballs, tomato sauce Pasta con caponata Siciliana	Mexican mole marinated chicken legs Mexican fajita Roasted vegetable chimichanga with hot salsa, corn & avocado taco salad	Battered or oven roasted fish with tartar sauce Pork sausage 'Fishless' fingers Vegetable risotto with ricotta
Sides	Steamed rice Nachos Salsa Sautéed greens Sour cream	Noodles Stir fried vegetables Sichuan green beans & broccoli Prawn crackers	Mixed pasta bar Garlic bread Roasted garlic, carrot & cauliflower	Braised spiced rice Tangy lime & jalapeño sauce Crispy fried onions Sweetcorn & carrot	Skinny fries Peas Baked beans
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day				
Dessert	Upside down sponge with custard	Chocolate & banana cake with caramel sauce	Crumble of the day	Coffee sponge with chocolate custard	Pineapple & coconut carrot cake with lime cheese frosting
	Selection of whole & sliced fruit, yoghurt & dessert pots				



Supper menu Monday 19 - Thursday 22 May

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Main courses & sides	Tandoori chicken thighs	Selection of homemade pizzas with side salad & fries	Spanish style marinated chicken	Pork koftas	Korean fried chicken	Classic carbonara	Jerk chicken thighs
	Cauliflower pakora		Halloumi kebab		Spiced beef ragu	Sweet potato & black pea curry	
	Bombay potatoes		Tortilla de patatas with courgette & sundried tomatoes	Vegetable spring rolls	Butternut squash & olive ragu	Rainbow slaw	
	Onion & tomato salad		Roasted new potatoes	Shredded vegetables	Pesto pasta	Rice & peas	
	Mint raita		Smoky tomato, chorizo & chickpea stew	Gochujang noodles	Garlic bread	Fried plantain	
	Mango chutney			Crispy shallots	Tomato & mozzarella salad		
	Mini naan bread			Fried egg	Green beans		
Jacket potato / pasta bar	Grated Cheddar cheese, baked beans, tomato sauce, tuna mayo, chef's hot potato filler of the day						
Dessert	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day	Chef's dessert of the day
	Selection of freshly cut & whole fruits						